



Annual Director's Report Social Services 2021 – 2022
(Supporting Evidence)



This document provides more detailed information on our statutory Annual Director’s Report Social Services 2021 – 2022. It goes into further detail about

- what we proposed to do in 2021/22,
- what we achieved and what difference this made and
- what our plans are for 2022/23.

It should be read in conjunction with the 2021/22 Annual Director’s Report Social Services, which can be found here www.powys.gov.uk/DirectorofSocialServicesReport

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What did we plan to do last year, how far did we succeed and what difference did we make?

In last year’s Annual Report, we set out several priority actions to enhance how we work with people to help them achieve their outcomes. We have listed below

- What we said we would do
- How far we succeeded and what difference we made and
- What we are planning to do in 2022/2

1. Quality Standard 1 - Working with people to define and co-produce personal wellbeing outcomes that people wish to achieve:

Understanding “what matters” in our conversations with people is paramount to successfully placing the individual at the centre of what we do. “What matters” is the golden thread that runs throughout our services and is an important guiding principle of the Social Services and Wellbeing (Wales) Act 2014.

Goal Ref	What we said we would do	How far did we succeed and what difference did we make
A1 Adults	Develop a Personal Assistant finder tool to help service users who receive Direct Payments to find the help they need.	<p>Following design work undertaken collaboratively with a range of stakeholders, in April 2021 we launched 2 new pieces of software to support recipients of Direct Payments in Powys.</p> <p>The first system was the virtual wallet app which helps Direct Payment recipients manage their budgets, the services they purchase as well as billing and other administration. The app allows individuals more choice and control over how they manage and purchase the care they need. www.myvirtualwallet.co.uk/powys</p> <p>The second system was the Care and Support Finder Tool. This is a web-based resource which was designed to help people looking to purchase care and support find suitable people to provide this (providers). These providers could be Personal Assistants or Community Microenterprises. The Care and Support Finder helps link up Personal Assistants and Microenterprises with people looking to purchase care through their Direct Payment. Homepage (caresupportfinder.org)</p> <p>We have received feedback on the care and support finder tool since its launch and plans are in place to work with the provider of the system to make it more user friendly.</p>

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		By March 2022 there were 40 Virtual Wallet accounts, managing over £100,000 pounds of Direct Payments. We continue to provide more people with a managed account and our plan for 2022/23 is to increase the use of the Virtual Wallet significantly.
A3	Launch the rebranded Front Door and Early Help Services.	<p>The Front Door service was rebranded and launched in June 2021.</p> <p>The Early Help service was rebranded and launched in April 2021 alongside the multi-agency Early Help Strategy.</p> <p>New branding, updated webpages, contact details and information about the services were widely publicised across the County with families and partner agencies.</p>
A4	Develop the Early Help Hub in the North of the County in preparation for opening in April 2022.	<p>Work developing the new Welshpool Integrated Family Centre gained pace throughout the year.</p> <p>The new hub will enable an expansion on the current Flying Start and Foundation Phase provision by providing the 30-hour childcare offer. It was also accommodating a single point of access for Early Help Services and multi-agency teams. It will allow families to benefit from more co-ordinated and convenient support, a place to run drop-in support clinics, baby groups, parenting support, community café and training opportunities.</p> <p>Community and stakeholder engagement has taken place and a planning application approved for the hub. Project management meetings have taken place weekly to review progress. The opening is planned for 2022.</p>
A5 Adults	Strengthening the resilience of the workforce through achieving our Grow Our Own objectives.	<p>The Occupational Therapy team employed one Kickstart applicant for a 6-month period as an administrative assistant. She gained valuable experience within the team and was encouraged to apply for other roles within the council. She gave very positive feedback about the team and the experience that she had. It helped her to decide how her future career may progress. Please see Appendices 1 and 2.</p> <p>Our Bodlondeb facility (<i>Bodlondeb : HousingCare</i>) has one Kickstart placement in post, allowing the individual to gain employability skills as well as first-hand experience providing front line care and support to service users. The individual on placement has voiced that she is enjoying very much being part of the team here in Bodlondeb and this has supported her to make the decision social care is the sector in which she wishes to progress.</p> <p><i>Home Support</i> is also currently based within <i>Bodlondeb</i>; this has been positive as it has allowed for cross working therefore an understanding of another service within social care that is community based.</p> <p>Following the kickstarts six-month placement we will support the individual in applying for permanent posts within Powys County Council.</p>

		<p>The team are also supporting 2 Community Support Officers through their Occupational Therapy degree at Glyndwr University and hoping that another Community Support Officer will be accepted onto the part time degree cohort for January 2023.</p> <p>We employ two apprentices in our commissioning team. Both work their way through the different sections of the commissioning team, learning ‘on the job’ and supporting the team with a variety of administrative task, focussing on ICT learning.</p> <p>Adult Services have embraced the “<i>grow our own</i>” ethos through providing development opportunities, training and mentoring, enabling staff to move into new job roles which will support us in having a more sustainable workforce.</p> <p>In 2021/22 three social workers became fully qualified, following support from Adult and Children’s Services to undertake the <i>Degree In Social Work</i> programme. All three members of staff have secured permanent social work roles within our Disabilities and Older People’s teams.</p> <p>We are supporting a further eight members of Adult Services staff to undertake their degree in social work, three of whom are scheduled to qualify in November 2022, four in 2023 and one in 2024. There are plans in place to offer further social work degree placements in early 2022/23 which should see more staff qualify in 2024.</p> <p>We continue to support staff in their first three years of Practice with one member of staffing having gained their Porth Agored Award (mandatory Consolidation of Social Work Award) which is required to maintain social work registration. Several staff are due to submit or commence this Award 2022/23. In addition, Adult Services are supporting three newly qualified social workers in their First Year of Practice.</p> <p>Adult Services have seen agency workers become permanent members of staff, our back-office support team members transfer into Management and Improvement roles as well as having a complete career change and commencing roles in a frontline capacity within our Older People and Disabilities Teams.</p> <p>We have continued to provide Strength-Based training, albeit virtually, to our teams to support the conversations they have with residents in understanding what matters to them to achieve their outcomes. A staff member has successfully completed the Train the Trainer programme to enable in-house delivery of strengths-based collaborative communication training. Very positive feedback has been received not only from attendees about this approach but also from the training provider.</p>
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		<p>During the ongoing pandemic, our workforce has worked flexibly across service areas to meet the high level of demand which has been seen at our Front Door, ASSIST contacts - Powys County Council, with the aim of supporting residents to meet their outcomes through understanding what matters to them. Staff have been able to share existing skills and knowledge with new team members as well as learn new ways of working</p>
A5 Children	<p>Strengthening the resilience of the workforce through achieving our Grow Our Own objectives.</p>	<p>In 2021-2022 a further eight students were seconded onto the Social Work Degree course with the Open University. Eight of these were from Children’s Services and four from Adults Services. Children’s Services also created and fully funded Two Master’s Degree trainee posts and recruited two students into these posts. These students commenced their <i>Masters in Social Work</i> course with Cardiff University in September 2021.</p> <p>Across Social Services there are 26 current Social Work Degree Students, 17 are from Children’s Services. Work has commenced to recruit a further 12 staff onto the Social Work Degree course in 2022-2023, many recruits will have direct entry into Year 2 of their studies and will qualify in Autumn 2024.</p> <p>In preparation for our increased number of Newly Qualified Social Workers, the practice development team have worked with current and recent newly qualified social workers to introduce new Practice Guidance which will enhance the support structure available upon qualification.</p>
A6	<p>Continue to provide mission critical services during these changing times to children, young people and families in Powys.</p>	<p>We introduced a prioritisation framework so that the service could respond to critical work with the increase in demand. We held daily Children’s Services Leadership sit-rep meetings (assessing the situation as is and act) to move staffing resources to the service areas that needed it most.</p> <p>We brought additional staffing into the Front Door, Early Help, Assessment and Business Support service areas to help us meet demand.</p> <p>Throughout the year there has been a strong oversight and support from Children’s Leadership Team to make sure that teams were supported in this exceptionally challenging time.</p>
	<p>Compliments and Complaints</p>	<p>We are on a continuous journey of learning and use the feedback we receive via Compliments and Complaints Comments, Compliments and Complaints - Powys County Council to support us in making changes to practice or shaping our future services. What we have learnt is that we are often able to resolve issues/enquiries raised by complainants at the outset without needing to progress to a formal stage. If complaints cannot be dealt with informally these are moved to Stage 1 for investigation by the relevant team or senior manager; we only escalate to Stage 2 for independent investigation if we are not able to find a resolution. However, there is a final escalation stage to the Ombudsman if the complaint remains unresolved. Please refer to the main report about detailed statistics of compliments and complaints.</p>

		<p>We have co-produced and launched several new or updated documents which will support residents understanding of our procedures and what they can expect of us:</p> <ul style="list-style-type: none"> • <i>Complaints and Representations Policy and Procedure</i> – this document has been updated to support us in addressing complaints as quickly and effectively as possible. We have made some improvements to the policy to recognise and implement learning from complaints received. • <i>Adult Services “What you can Expect from Us” Booklet</i> – this explains what residents might expect when contacting Adult Social Care, from the point of the first “<i>What Matters</i>” conversation at our front door. It explains the process our teams will follow and breaks down the jargon to make it user friendly for residents • <i>Customer Care Charter</i> – we are committed to providing a consistently excellent standard of service by putting our customers at the centre of everything we do. Our Charter sets out this commitment with us wanting our customers to feel that: <ul style="list-style-type: none"> ○ their views and feelings are understood ○ they know what will happen next ○ their rights are respected ○ there is regular two-way communication ○ they have a positive experience
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What Do we plan to do in 2022-23	
Adult Services	Through our quality assurance, compliments, complaints and supervision processes, consider how we include feedback from individuals to support service developments and learning
Adult Services	Increase the take up of the <i>Care and Support Finder</i> tool Homepage (caresupportfinder.org) to connect people with care and support needs and Personal Assistants and Community Micro Enterprises.
Adult Services	Transition most people who use their Direct Payment to the Virtual Wallet Powys Virtual Wallet (myvirtualwallet.co.uk) and make this the preferred option for managing Direct Payments in Powys.
Adult Services	We will review our support mechanisms and provision for people opting for a Direct Payment to exercise Choice and Control over their care and support. This review will commence in the summer of 2022 and will result in new provision being put in place by March 2023.
Adult Services	Finalise the specification and implement the delivery of Carers Assessments by our commissioned Carer Support organisation
Adult Services	We will work with the University of Aberystwyth, looking at the use of digital solutions by older people, modelled on the AskSara resource.

Adult Services	We will work with the Disabled Living Foundation to review the use of AskSara and continue to promote the resource to local people. The resource can be found here Powys County Council - AskSARA (livingmadeeasy.org.uk)
Children’s Services	Continue to achieve our goals in the <i>Grow Our Own Social Worker</i> project
Children’s Services	Open the <i>Early Help Hub</i> in the North of Powys

2. Quality Standard 2 - Working with people and partners to protect and promote people’s physical and mental health and emotional wellbeing

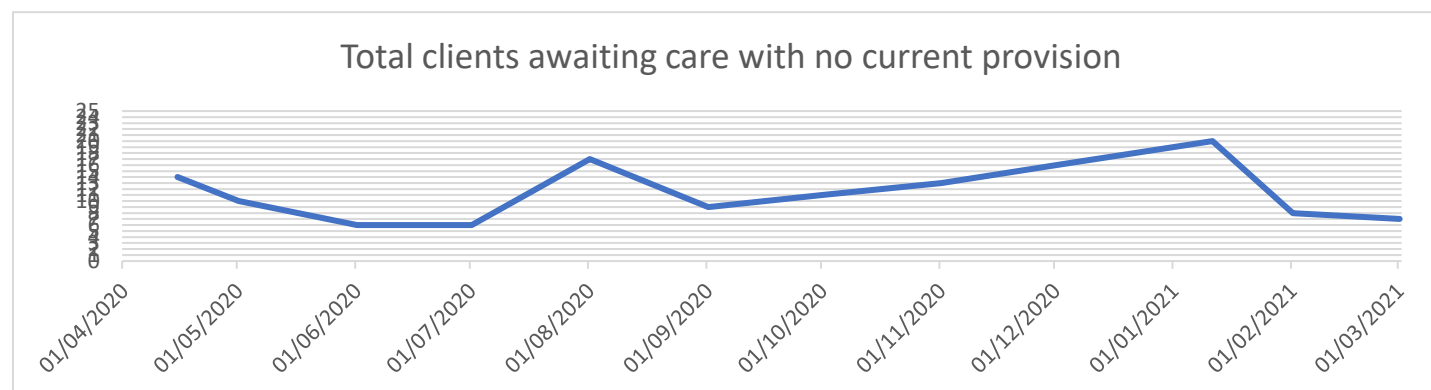
Goal Ref	What we said we would do	
Adult Services	Update our Market Position Statement for Commissioning including residential, domiciliary care and children’s placements.	<p>We updated and published our <i>Market Position Statement for Care and Support at Home</i>. The statement contains "live" data meaning that the position within Powys is always current and up to date. The statement covers areas such as domiciliary care, Direct Payments, reablement, occupational therapy, ASSIST, technology enabled care. Please go here for details of our strategic documents <i>Our Strategies and Plans on a Page - Powys County Council</i>. Our Strategies and Plans on a Page - Powys County Council. The Market Position Statement enables us to base our commissioning intentions on live data about needs, available provision and gaps of provision.</p> <p>We published strategic documents which outline our current market for children and young people which can be found here Market Position Statement Children and Young People.</p> <p>We published a strategic specification for service for adults with disabilities. This can be found here Specification_for_the_provision_of_Accommodation_and_Support_for_Living_a_Good_Life.pdf.</p> <p>We also updated and published our strategies for the provision of Technology Enabled Care Our Strategies and Plans on a Page - Powys County Council and for supporting carers in Powys Our Strategies and Plans on a Page - Powys County Council.</p> <p>Our Live Well Accommodation Delivery Plan is a shared vision between the Council and the Health Board</p>
B2	North Powys Wellbeing Programme	<p><i>North Powys Wellbeing Programme</i> will continue to expand following the successful delivery of the project in North Powys. <i>Children’s First</i> initiative has been expanded further across north Powys to include Machynlleth and Llanidloes. <i>Children Looked After</i> will continue to be supported in local placements in Powys where possible. Further projects have also been funded to support digital and more local Ophthalmology and Respiratory services in north Powys.</p>

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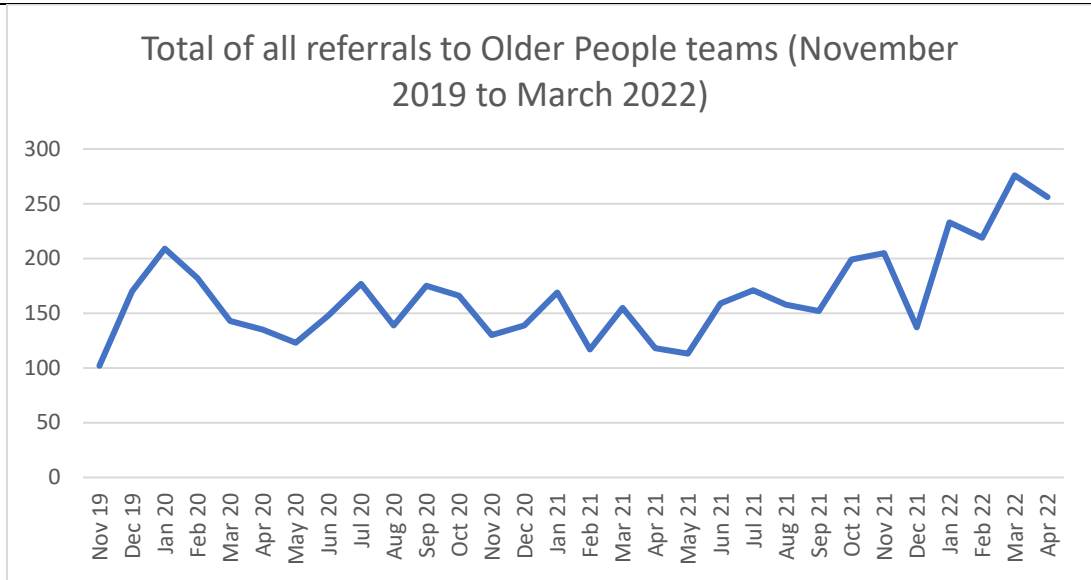
<p>B3</p>	<p>Extra Care – Adult Social Care is committed to adding new projects to support people in need of residential care in Welshpool, Ystradgynlais, Machynlleth, and Brecon.</p>	<p>Significant progress has been made to support the development of Extra Care housing for the residents of Powys; communications plans have been developed to support us with engaging with stakeholders at the right time including the need to address Planning and Listed Building approval for the scheme in Welshpool.</p> <p>We are very pleased that construction work commenced on both the Welshpool and Ystradgynlais projects in 2021 and all Welsh Government grant funding conditions have been met. The new schemes will open in late 2023.</p> <p>In Brecon a site has been purchased in the centre of town and it is anticipated that building work to provide up to 60 apartments will commence in 2023.</p> <p>Discussions are being held with a potential provider who are developing plans, including capital and ongoing revenue funding, for a smaller Extra Care Housing scheme in the centre of Machynlleth. Due to location, on receipt of plans, we will work collaboratively with North Wales Regional Partnership Board, Hywel Dda Regional Partnership Board. and Gwynedd and Ceredigion Councils to present joint financial applications to Welsh Government.</p> <p>We are investigating the potential for an Extra Care site in Radnorshire, but no formal plans have yet been developed.</p> <p>Project boards were established at the start of each of the projects. These boards include several Council departments, housing association, Health Board and Welsh Government. Additionally, there are operational groups looking at specific topics, like design, procuring care, public relations and allocation process for future tenants.</p> <p>See here for further information about the scheme in Ystradgynlais: <u>Redevelopment to bring 12 more homes for older people in Ystradgynlais - Pobl (poblgroup.co.uk)</u></p>
<p>B4</p>	<p>Support adults who require care and support through timely and strengths-based assessments and care and support planning and working to ensure that the right level of care and support is available to adults who require this support.</p>	<p>In 2021/22 Adult Services have seen an unprecedented level of demand for care and support and we have not always been able to undertake our assessments as timely as we would like to. However, our workforce has worked flexibly across service areas with the aim of supporting teams to reduce waiting times for assessments. We have continued to provide training for our teams on strength-based collaborative communication to support conversations with individuals in need of care and support. Please see Appendices 3.</p> <p>Following a pilot, we have rolled out the new collaborative way of screening referrals countywide. We hold daily multi-agency screening meetings which focus on determining the best way support can be provided to individuals and by whom at the earliest opportunity. Our reablement team have reported that following implementation of the screening meeting, they have seen a reduction in the number of inappropriate referrals received which has had a positive impact in terms of capacity versus the inappropriate referrals previously received.</p>

Our Older People’s teams have seen the most significant increase in demand and to support a more integrated way of working, we have commenced a pilot with our *Moving and Dignity* team who are supporting the delivery of change in an agile way via new referrals being allocated to them following screening meetings; this sees a change with an Occupational Therapist being responsible for the assessment, care and support plan and review of the individual being supported. Where a change in need is identified, recommendations are made directly to our care practice forum as opposed to transferring the case on to a social worker to take the recommendation forward.

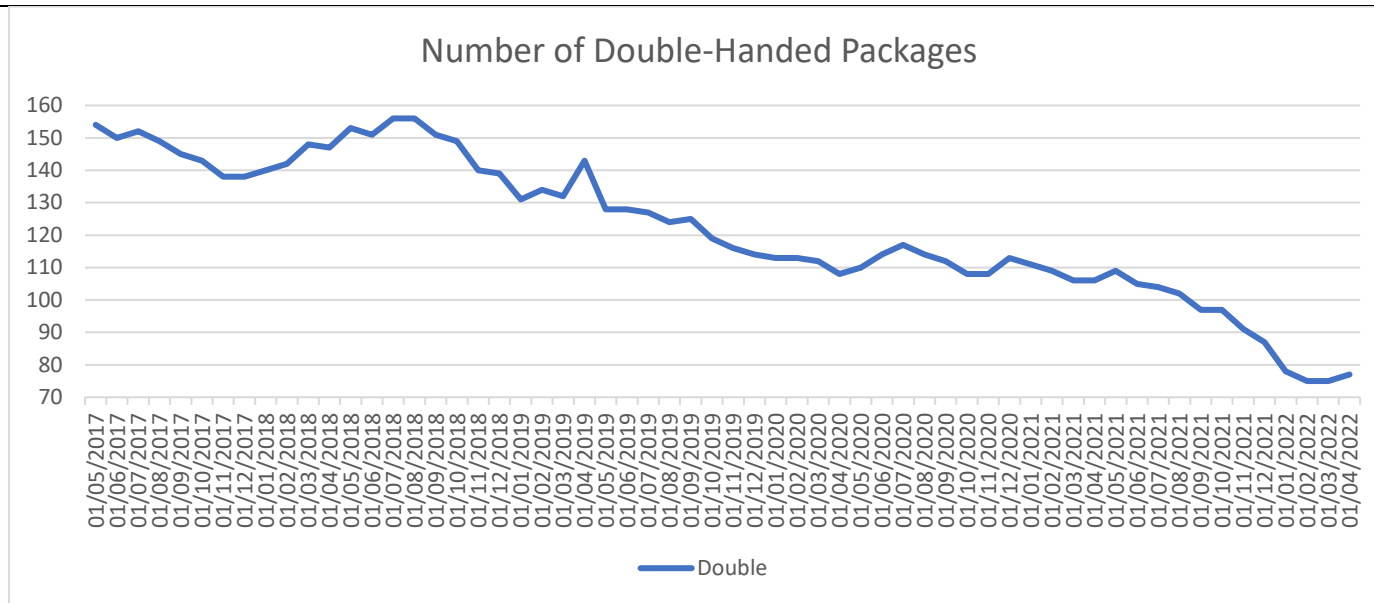
Unfortunately, due to the ongoing pandemic and staffing challenges for external provider agencies it has been difficult to source domiciliary care as well as care home placements. This has meant that some individuals have had to spend longer in hospital than we would normally wish to see. Some have gone into a short-term care home placement whilst awaiting a package of care which has had an impact on the number of long-term care home beds available.



The graph below shows how referrals to our social work teams developed in the last two years.



We continued reviewing the care and support needs of individuals, taking advantage of e.g. Technology Enabled Care to support individuals and thereby reducing the number of domiciliary care hours provided to individuals. These reviews always consider the needs of the individual, their safety and the ability of services to provide care to as many people as possible. The chart below shows how we have successfully and safely reduced number of ‘double handed’ care packages (i.e., packages that require two carers to one individual).



In addition, The Community Connector lead has been attending regular team meetings to provide oversight of any new services or scheme which have become available within the community.

B5 Provide and commission a flexible and affordable mix of high-quality support services for adults who require care and support and their carers to meet the diverse range of their individual needs and circumstances. With a focus on outcomes.

The Covid-19 pandemic has continued to provide many commissioning challenges with some providers not being as resilient or financially viable as they would normally be or choosing/having to cease trading. Across Wales, it has been a very difficult two years with providers reporting that they are experiencing difficulties in recruiting and retaining staff and we have found ourselves in the position of the demand for domiciliary care continuously being outstripped by the supply available. Some domiciliary care providers have had to hand back packages of care as they have been unable to meet safe care provision requirements; the local authority has increased staffing capacity via agency workforce and creating new posts to address the additional demands on in-house capacity.

We have remained committed to the Powys Bronze Pledge which has supported some sustainability within the care market with improvements to the terms and conditions of work for care staff; in 2022/23 the Silver Pledge will take effect which will see further benefits for care staff.

Our priority throughout has been to ensure that individuals are safe and for us to work with them in a strengths-based way to support them in meeting their outcomes. We have looked at alternative ways of working and have also continued to work with our colleagues in the voluntary sector in identifying opportunities for support in the community.

We have considered how we can support the right sizing of packages of domiciliary care and have taken 2 different approaches. We have taken learning from our providers and their work with individuals to make sure that individuals have the right level of care throughout resulting in some domiciliary carer capacity being released. Secondly, our occupational therapists have worked more closely with our older people’s social work team through being part of the initial assessment. An example of how this has worked well as an outcome for an individual in enabling them to maintain their independence is that an occupational therapist undertook a bathroom assessment first with recommendations on adaptations to make it safe rather than us commissioning a package of care for support with showering.

The role of home adaptation provision is significant in a county with a greater population of people aged over 50 increasing at rates above those elsewhere in Wales and a limited supply of suitable housing stock. The adaptations support independent living, are tailored to the needs of the individual to overcome practical problems and create safe, warm and secure homes. Welsh Government along with Powys County Council and Powys Teaching Health Board invest funds to offer small adaptations free of charge to older people and people with disabilities and grant funding can be applied for larger adaptations. As well as acknowledging that we all want to stay in our own homes for as long as possible, there is value in preventing accidents, reducing the causes of ill health, reducing the strain on family carers, enabling quicker hospital discharge and reducing demand on health and social care services.

Examples of small adaptations include providing additional stair rails, installing grab rails in the bathroom or replacing steps with ramps. Larger schemes include changing baths into level access showers, stairlifts, improving kitchen lighting or lowering the height of work surfaces.

Care and Repair in Powys, a not-for-profit organisation, has been delivering home adaptations for over 30 years to those in privately owned or privately rented homes along with some for Barcud Housing Association tenants and more recently small adaptations for council tenants. Being grant funded, *Care and Repair* offers free impartial advice including healthy home assessments alongside delivering or managing adaptations. Referrals can be made by health and social care professionals or directly by those who need support.

In 2021/22 *Care and Repair in Powys* helped 1,385 people with a variety of small adaptations valued at £385,000 and completed 224 larger schemes valued at £892,000. The demand for adaptations is increasing at a time of significant rises to costs of materials and a shortage of building contractors.

To ensure people can leave hospital once they are medically fit, we have provided some short-term care home placements for individuals who are awaiting a package of care at home, prior to them returning home to continue to live as independently as possible.

We have continued to promote Direct Payments to individuals who have been assessed as needing support which gives them more choice in who provides their care services. Recipients of Direct Payments can manage their own budget via the virtual wallet or can have support via a managed account. As noted above, we have also put in place our *Care and Support Finder* tool to support individuals in finding their own Personal Assistant.

One gentleman who previously lived in a Supported Tenancy told us his story which resulted in him moving into his own home purchased for him by his parents. He developed several skills during his time in a residential college and via his Supported Tenancy which enabled this move. Since moving into his new home, he has used the skills he has learnt to reduce the Direct Payment support previously received. This is a great outcome which has seen him not only move into his own home but also seeking support from those around him in his community of choice. Set against Direct Payments but possible would sit better in the accommodation section.

We have continued to work with Community Catalysts to develop the microenterprise approach (small community businesses that support and care for local people) with the wider plan of expanding the approach across Powys. At the end of March there were 40 micro enterprises operational, providing 830 hours of care and support to 131 individuals in Powys. Two examples of Community Catalysts’ work are here <https://www.communitycatalysts.co.uk/story/community-micro-enterprise-gives-two-rural-neighbours-more-choice-and-control/> and here [Neighbours help each other in rural Powys - Community Catalysts](#).

Our early intervention/preventative approach is important and we have continued to promote Ask Sara, our on-line assessment tool, which provides impartial advice about equipment to make daily living easier. Some 473 individuals had an assessment-report completed by AskSara, enabling them to identify, either on their own or with a professional, which equipment would be helpful to them to remain in their own home. [Powys County Council - AskSARA \(livingmadeeasy.org.uk\)](#)

Our Shared Lives service supports individuals who may need some additional help to have short breaks or live long term in the homes of Shared Lives carers. Through this scheme, Individuals are enabled to choose who they live with, where they live and how they spend their time. We are pleased to have secured some additional funding which means we are now able to expand this service and increase the availability across the county. We have seen positive outcomes with one individual being nominated for 'Human Rights for Free Expression' award; this award celebrates an individual growing in confidence, speaking their mind and living the life they choose'. Our team have supported an individual to live more independently with the person now living in a supported tenancy.

Shared Lives:
 Service user quality assurance (QA) questionnaires continued to be distributed across the Provider Services. Completion of the QA is promoted and encouraged from service users, families/carers, or representatives to voice their opinion on the quality of support they

		<p>have received. The feedback is essential for the service provider and the Responsible Individual (RI) to address any potential issues with quality provision before they escalate and provide evidence to influence improvements in future provision.</p> <p>Data is drawn from the Registered Provider Services Service User feedback questionnaire on Survey Monkey every 6 months and a report produced which is shared with the Authority and Care Inspectorate Wales. The focus on the service user questionnaire is on what matters to them, their health and wellbeing in relation to the support they have had or may still be receiving. The questions are based around the individual’s choice, emotional and social wellbeing in relation to the support being provided and the conduct of the staff supporting them in the way they were spoken too and if they had trust and confidence in them. During the reporting period 1 Jan – 31 Dec 2021 there were 332 responses received.</p> <p>Complaints and compliments can be submitted either through the corporate electronic system (PCC internet Homepage), in writing, verbally or telephone. During this reporting period there were 2 complaints recorded with ‘Get Sorted’ (Corporate Complaints & Compliments website) across the Registered Provider Services. However, a lot of compliments are received direct to the services rather than submitted through the corporate system through email, cards, verbally to staff or as comments in the feedback questionnaire.</p> <p>Here are examples of how people view the service they are receiving:</p> <p><i>‘I will remember for the rest of my life how good everyone has been and taken the time to talk to me. I was grateful for what you have done, and we had a laugh.’ (Domiciliary Care & Reablement)</i></p> <p><i>‘It was very good to see you at the review meeting for *****. He was clearly in a very good place and S was very thorough in making sure we all understood just how much ***** has come on in recent years and just how much he and the whole family owe to the wonderful work that you, and all the Staff at Summerfield have done – and still do – to enable this to happen. Thank you for clarifying and chipping in at crucial moments to keep us all clear about all the matters that came up and for also helping to guide the meeting to its very positive conclusion. Please pass on our grateful thank to S for her patience and kindness in leading the meeting and to J for supporting ***** at it.’ (Supported Tenancies)</i></p> <p>We worked with our Carers support organisation to facilitate respite opportunities for 782 carers. Please see Appendices 4.</p>
B6	To increase the availability of volunteers to work in health and social care during the pandemic (and beyond), and to work with care and support providers to increase use of	To support our work and increase service capacity, whilst experiencing increased Covid-19 infection rates, we sought council wide volunteers to enrol as care and support responders. Volunteers were assured that responders would only be deployed as a final measure once all other alternatives had been exhausted by the council. Whilst useful, volunteers did not need to have care experience as there were a variety of roles available, e.g., keeping people company and supporting current staff in care home or supported living settings. Key criteria for volunteers were the ability to be deployed from their current work duties at short notice; the ability to cover night or weekend shifts if needed; be willing to work in settings that were experiencing a critical staff shortage, including in settings experiencing a Covid-19 outbreak amongst their residents. Our volunteers supported us in reducing the impact

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	volunteers to increase service capacity.	<p>on residents in two care homes in February 2022 when we experienced adverse weather and flooding; this critical support alongside support from the local community avoided us having to evacuate residents to another care home 42 miles away. During 2021/22 we supported seven older people's care homes for short period of times with Powys County Council staff; this became necessary as care homes were unable to provide safe care due to Covid impact.</p> <p>Powys County Council, Powys Teaching Health Board and Powys Association of Voluntary Organisations (PAVO), as key partners of Powys Regional Partnership Board, established a Community Sector Emergency Response Team (C-Sert) to co-ordinate and support emergency response to people in the community who may be affected by COVID 19 through formal and informal volunteers. The work undertaken through the pandemic has been recognised by the Welsh Local Government Association (WLGA) with Adult Services being an integral partner http://www.wlga.wales/community-connectors-in-powys-powys-cc</p>
	Offer falls prevention services to those in most need	<p>2021/22 has been a difficult year for staff who had to prioritise services. However, we developed and delivered <i>Falls Brief Intervention Training</i> which is an evidence-based training package with the aim of reducing falls through brief interventions. This means having conversations about falls and simple actions that people can take to reduce their risks of falls. Training sessions were run three times per week from November to March. The 61 participants who attended were social care, health, care agencies and the third sector and would have the opportunities through face-to-face working of using the Brief Interventions in their everyday work role. Overall, the feedback received has been very positive and participants have found the course to be 'very formative, concise and easily digested' and a 'good refresher'. Virtual Training through "Teams App" made the course accessible to attendees across Powys. Feedback from the sessions has also identified the need for training about what to do if someone has fallen / how to get someone up after a fall. This is an area which can be developed further.</p>
B8	Increase the number of care- experienced young people that report good wellbeing.	<p>A <i>Bright Spots</i> survey 'your life beyond care' was undertaken with "care experienced" young people during 2021-22. The survey questions are focused on several indicators that were jointly produced with care experienced young people, that explore their well-being.</p> <p>The results of the survey are currently being collated and analysed and an action plan developed from the findings in 2022-23. These results of the survey will assist the service to develop a baseline so that we can continue the work to increase wellbeing of our care experienced young people.</p>
B9	Maximise the role of Clinical Psychologist to support across the service and establish a trauma informed approach.	<p>The Council's psychologist's role has been further developed across the service with the post sitting within the Intervention and Prevention service. Our psychologist delivers a clear <i>trauma informed approach</i> and supports the operational teams with consultations and reflective discussions.</p> <p>We have seen an increase in using <i>Microsoft Teams</i>, working with the psychologist on case discussions and debriefing exercises and our foster carers have also received support.</p>

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		In addition, the Intervention and Prevention team have undertaken training on the <i>trauma recovery model</i> . The Youth Justice team have identified trauma champions within the team who have worked with the Welsh Youth Justice Board. Plans are now in place to further develop our trauma recovery approach to include staff wellbeing. An action plan is in place for 2022-23 to build on the work achieved this year and further embed the trauma informed approach across the service.
B10	Complete an options appraisal regarding provision of short breaks in Powys or implement changes to the provision of short breaks.	An options appraisal for the provision of short breaks for family carers was completed and considered by the Children’s Leadership Team and the Corporate Governance process. The work has now commenced on the implementation of the short breaks projects.

What Do we plan to do in 2022-23	
Adult Services	Increase the number of community micro enterprises and widen their scope beyond domiciliary care. This will involve continuing with the development work with the Community Catalysts and consideration of use of micro enterprises for sitting services.
Adult Services	Explore the modernisation of domiciliary care brokerage, linked to the Vanguard approach and creation of a new dashboard that allows data scrutiny and a proactive approach to be taken.
Adult Services	Increase the number of staff in the Reablement team to provide for the increased demand on the services.
Adult Services	Secure Planning permission for the Brecon Extra Care scheme. Progress plans for the Machynlleth and Builth Wells Extra Care schemes
Adult Services	We will be working on a research project with Aberystwyth University to explore the impact of using Assistive Technologies on older people, especially those living with dementia.
Regional Partnership Board	The Regional Partnership Board will continue to support citizens and carers to get involved with the work of the partnership. The Board’s citizen and carer representatives are equal members of the RPB, and their involvement not only informed and shaped decisions, but continues to provide a better way to identify and tackle ‘what matters’ to people. A wide range of user and provider groups have also been involved in the work of the Board, through commenting on proposed work, helping to recruit key roles, and informing various processes and procedures.
Adult Services	We will be working with domiciliary care providers to deliver a project, using electric vehicles to reduce our carbon footprint.
Children’s Services	Further embed the <i>Trauma informed Approach</i> across the service

Children’s Services	Fully implement the Short Breaks project
Children’s Services	Implement the <i>Bright Spots</i> action plan and increase care experienced young people’s wellbeing

3. Quality Standard 3 - Taking steps to protect and safeguard people from abuse, neglect or harm

Goal Ref	What we said we would do	How far did we succeed and what difference did we make
C1	We will work with the whole Council to mitigate adverse impact on community wellbeing in Powys from the Covid pandemic	<p>Social Services led a whole Council review of the impact of the impact of Covid-19 upon community wellbeing. This led to a report with wide ranging recommendations across all Council service areas. These included suggestions for increased support of 3rd sector organisations and strategic alignment of the Local Authority’s Covid Recovery Fund.</p> <p>Supporting care homes and other care providers was a priority during the pandemic and, where care provision was not possible, the Council has been working with the Powys Association of Voluntary Organisations (PAVO) to provide wellbeing calls. These have been well received by people waiting for care.</p> <p>We supported childcare providers to maintain service provision for children through the pandemic period, enabling key workers’ children to receive care while their parents were enabled to work. We provided the childcare sector with guidance, PPE, online training and supported providers to access sustainability funding.</p> <p>Children’s Services organised and promoted “The Summer of Fun” and “Winter of Wellbeing” children’s events and activities for children and young people of all ages. 67 community, voluntary and private organisations were funded to deliver sessions across Powys. These provided to be very popular with a many Powys children attending and enjoying the experiences. <i>Flying Start Families</i> have been provided with play packs which have been very well received with lots of positive feedback from families. Flying Start - Powys County Council.</p> <p>All care providers were provided with personal protective equipment and Covid-19 testing kits to keep care staff and their service users as safe as possible during the pandemic.</p> <p>As Day Centres have been closed during the pandemic, we have provided a day centre building in Newtown (the Park Day Centre) to enable the Powys Teaching Health Board to develop a vaccination centre on the site. We are continuing to progress implementation of the All Wales Safeguarding procedures within our teams and alongside partners.</p>
C2	We will work with the third sector to develop a regular wellbeing call	Where Adult Service have experienced difficulties in sourcing care and support in the community, e.g., a package of domiciliary care, we have worked in collaboration with <i>Community Connectors</i> who have undertaken wellbeing calls.

<p>system to reach individuals who have been assessed as needing care, but where there is no care available</p>	<p>Community Connectors, through discussions with individuals, have been able to signpost them to additional support which is available within their own communities and to organisations who may be able to assist with their physical, mental and emotional wellbeing.</p> <p>Signposting support provided or arranged during the calls undertaken include, assistance with moving furniture in preparation for an individual to move their bedroom downstairs; emotional support for an individual who found it difficult to come terms with losing their partner of 60 years; referral in relation to heating and fuel poverty with an outcome of the individual now having a new heating system installed following assessment; LBQT support sourced for an individual who had felt unable to ask for support before.</p> <p>Powys Association of Voluntary Services (Pavo) delivered well-being calls to a significant number of people in the community, mostly referred to them by the Council.</p> <p>Referrals to date for welfare calls - 71 Declined weekly calls - 15. These were followed up with a letter offering calls to be taken up at any time whilst waiting for a package of care.</p> <p>Calls were well received by those who accepted them. Many look forward to their weekly call and are disappointed they stop when a care package has been found. We always carry out an exit call with them and ensure they have our contact details for future use if required.</p> <p>Amongst other things they reported were:</p> <ul style="list-style-type: none"> - arranged local support to assist with moving furniture in preparation for a client to move their bedroom downstairs to make life easier for them whilst waiting for personal care. - Finding emotional support for one client who was finding it difficult to come to terms with losing their partner of 60 years - dealt with heating and fuel poverty by signposting or referring into Care & Repair or the Welsh Government Nest scheme (Nest nest.gov.wales). One client is having a new heating system installed after being assessed for support by NEST. - LGBT support sourced for a client who wished to identify as a female. The client had built up trust with the Community Connector during the weekly welfare call and felt she was able to discuss how she had been feeling all her life. It was the first time she had asked for support to address this. - One client during a welfare call became unwell. The Connector offered to call a family member of an ambulance to support the client, but the client declined this support. The Connector was not comfortable at this decision
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		<p>and spoke to PAVO senior officers. Before a call could be made to Social Services, the client called the Connector back and asked them to call 999 for them. The client was taken to hospital and medical support gained.</p>
C3	<p>Considering the economic impact of the pandemic, we will redefine our in-house domiciliary care service to better support outside care agencies who face resource challenges</p>	<p>The Covid-19 pandemic has continued to create significant demand and capacity pressures within the domiciliary care market which, in part, is due to residents waiting longer for planned healthcare and approaching social services for support. The increasing demands have unfortunately led to some residents experiencing delays in receiving a package of care and our waiting list increasing. Providers have had to transfer hours back to Adult Services as they were no longer able to provide the care which they were commissioned to undertake. Whilst we have been able to transfer some of the care to other providers, our in-house team has needed to support more residents meaning that we were operating above capacity. With all this in mind, we undertook an in-depth review of the demand and the capacity within our existing staffing structure and secured additional funding to increase the numbers of staff we have in our in-house domiciliary care teams so that residents in Powys have the best chance of living as independently as possible. The anticipated impact of this is that we will reduce our waiting lists, reduce the number of agency staff we recruited, improve our sickness levels and wellbeing of our existing staff members.</p>
C4	<p>We will work with care home owners, managers and other stakeholders to ensure that care home residents are safeguarded during potential sustainability challenges</p>	<p>2021/22 was another challenging year for our care home providers, who had to deal with staff retention and recruitment issues. On four occasions we met regularly with care home managers and owners to discuss quality issues using the processes within the Joint Improvement and Monitoring Panel (JIMP). This resulted in actions being taken by the provider to remedy these issues.</p> <p>During the year one care home closed due to ongoing quality issues; residents were moved to other homes of their choice with the support from council and Health Board colleagues.</p> <p>As mentioned in the main report we undertook an open book “Fair Cost of Care” review, which resulted in new fees being agreed with most of the homes in Powys.</p> <p>As mentioned above some care homes struggled with staffing on various occasions. This was usually managed within their Business Continuity Plans but on seven occasions we brought in staff from within the Council to support homes with non-care tasks to ensure that the homes were safe to operate.</p> <p>We have in place a comprehensive training plan to support managers within care homes on the <i>Section 5 Wales Safeguarding Procedures Position of Trust</i>. This training enables managers to undertake appropriate risk assessments and address allegations about staff members fairly. Where there are increasing or persistent concerns about the safety of residents this does provide additional sustainability challenges of care homes where they are required to close or have admissions suspended for a period.</p>

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C5	Implement Mid and West Wales Regional Safeguarding Board Multi-Agency High Risk Behaviour Policy (including self-neglect/hoarding)	<p>The regional “<i>High Risk Behaviour Policy</i>” was launched in Powys during Safeguarding week; this provides guidance to professionals when dealing with high-risk cases. Cysur High-Risk Behaviours (Including Self-Neglect and Hoarding).</p> <p>All high-risk behaviour identified is initially addressed by our social work teams with an escalation pathway in place to the safeguarding team.</p> <p>Following the launch, the Regional Safeguarding Board took the decision to establish a Multi-Agency High Risk Behaviour Panel. The panel has not yet been convened but the intention is that if the safeguarding team considers further escalation is required, the incidence will be presented to the regional panel. The panel will complete a risk management plan for implementation by all agencies involve and will review this on a regular basis to determine risk reduction or removal of risk.</p>
C6	Introduce a best practice response to Child Exploitation and work in partnership with the region to achieve a consistent approach.	
<u>C7</u>	Implement the Child Exploitation strategy in line with the implementation plan.	The Child Exploitation Strategy Implementation Plan is reviewed and updated in the quarterly MACE (Multi Agency Child Exploitation) meetings. These are strategic meetings with a wide range of partners in attendance. Many features of the plan are now operational and other aspects are in the development stage.
C8	Implement the options appraisal agreed outcome.	An options appraisal was completed for the Emergency Duty Team and the agreed outcome was implemented and is now in place.
C9	Further implement the Quality Assurance Framework with a focus on closing the circle on learning from audits and Child Practice Reviews.	<p>The Quality Assurance framework was updated in December 2021 and was relaunched at the Operational Management Team meeting. Thematic audits were undertaken in 2021 about referrals, section 47's and wellbeing assessment. Individual feedback from audits were given to Social Workers and Team Managers.</p> <p>All thematic audits undertaken have an analysis report completed and then a webinar delivered to the workforce on the findings.</p> <p>Two MAPF learning events occurred in 2021 and the reports and action plans were completed.</p> <p>Child practice review action plans are updated and shared at Powys Local Operating Group and the Child Practice Review subgroup quarterly.</p> <p>A business intelligence tool has been further developed to give the service a better overview and monitoring systems on data. Focus during the year was on supervision recordings and plans being updated, which has led to improvements.</p>

What Do we plan to do in 2022-23	
Adult Services	In collaboration with our multi-agency partners, complete implementation of the <i>All Wales Safeguarding</i> procedures and continuously monitor our progress and address any issues as they arise.
Adult Services	In collaboration with the Mid and West Wales Regional Safeguarding Board fully implement the Multi-Agency High Risk Behaviour Policy (including self-neglect/hoarding)
Adult Services	Manage the transition from <i>Deprivation of Liberty Safeguarding</i> to <i>Liberty Protection Safeguards</i> safely and effectively, following the national launch of the Code of Practice and Welsh regulations Consultation is expected to commence early March 2022 and last 3 months
Children's Services	Using the Public Law Outline (PLO) reforms to keep families safely together. Our Looked after Children's population continues to be stable indicating that intervention and prevention remains a key component in keeping children safer at home. We are continuing to progress with the use of different arrangements for families to draw together and build on their network of support
	Strengthen our Assessment Service to continue to be able to manage the new sustained increased level of demand

4. Quality Standard 4 Encouraging and supporting people to learn, develop and participate in society

Goal Ref	What we said we would do	How far did we succeed and what difference did we make
D1	Recruit an Employment Access Officer to work with internal and external organisations including local businesses to look at future employment opportunities and barriers	Due to the council being in business continuity and deployment of the project co-ordinator to support business critical services, Adult Services have not been able to recruit to the Employment Access Officer role. The Work, Leisure and Learning Partnership subsequently took the decision to re-consider the role and expectations at a strategic level including how Adult Services could engage with and make best use of any wider council resources to support this important initiative. Adult Services have encouraged commissioned providers to continue to support individuals to maintain their employment through an ongoing variety of support options.
D2	Supported employment – initiate a Work, Leisure and Learning Panel to drive strategic planning to find out the role of Day Services, Education and Private Sector Partners	Unfortunately, due to ongoing business continuity in Adult Services and difficulties experienced in bringing all partners together the Work, Leisure and Learning Panel have not been able to progress work under this workstream as quickly as we would have liked. However, key partners have been identified and this workstream is a new priority for the Regional Partnership Board leading into 2022/23. The Panel will provide collaborative leadership including test and challenge on any options developed and engage with all key stakeholders at appropriate intervals on future plans.

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D3	Implement the options appraisal for supported accommodation for Care Leavers and Young People aged 16 to 17	We successfully commissioned the 16+ accommodation for care leavers and young people aged 16 to 17. This consisted of three separate lots. The contracts are in place and the provision in the North of Powys is fully operational. The provision in Mid and South Powys will be in operation in Summer 2022.
D4	Increase the number of young people in care who achieve their educational goals.	The results of the <i>Bright Spots</i> survey that was completed with care experienced young people in 2021-22 will assist the service to develop a baseline so that we can continue to work with our partners in Education to support young people to achieve their educational goals.
D5	Increase the number of care leavers who are living in permanent accommodation at the age of 25.	The newly improved pathway plans that were implemented in 2021-22 are now ensuring that we have a robust process for collating this data. That baseline will enable us to measure the success of the work taking place to increase the number of care experienced young people in permanent accommodation The <i>Bright Spots</i> survey action plan will also help us to further achieve this goal and measure this for all Care experienced young people.
D6	Increase the number of care leavers who are in full time employment, education, or training	The newly improved pathway plans that were implemented in 2021-22 are now ensuring that we have a robust process for collating this data. That baseline will enable us to measure the success of the work taking place to increase the number of care experienced young people in permanent accommodation The <i>Bright Spots</i> survey action plan will also help us to further achieve this goal.

What Do we plan to do in 2022-23	
Adult Services	Recruit an Employment Access Officer (brought forward from 2021/22)
Adult Services	Initiate Work, Leisure (WLL) and Strategic Workstream (see above for details). This programme will focus on the aspirations, experiences, opportunities, barriers, support, and assets available to people at risk of exclusion from full and equal participation in WLL. The aim is to understand, enhance, and transform the specific and universal WLL opportunities for people living with a disability. It will involve working in partnership with citizens, employers and the third sector to identify, and remove, disabling barriers which prevent people fully accessing the domains of employment, education, and leisure.
Children’s Services	Fully implement the 16+ accommodation project.
	Plan to work with our Education partners to ensure virtual school meets the needs of children in care
	Increase the number of care leavers who are in full time employment, education, or training
	Increase the number of care leavers who are living in permanent accommodation.

	Continue and expand the work of the <i>Intervention and Prevention Service</i> working with families to allow them to stay together safely.
	Continue to promote and refer to the <i>Regional Domestic Abuse perpetrators programme</i>
	To continue to deliver and promote the healthy relationships programme within Powys Schools

5. Quality Standard 5 - Supporting people to safely develop and maintain healthy domestic, family and personal relationships.

Goal Ref	What we said we would do	How far did we succeed and what difference did we make
E1	To develop our early intervention and prevention service including self-service options for the public, home based support options and provision of technology enabled care	<p>We introduced robotic pets to support people at home and in care homes. We were also able to demonstrate the impact Technology Enabled Care (TEC) is making to residents in Powys. Below are two examples of impact.</p> <p>We ran a pilot project, supplying robotic pets to individuals in the community, supported by our Occupational Therapy team. Individuals have shown remarkable improvements in their general well-being and ability to take more control of their lives at home. <i>“Carers requested a robot cat for a lady who has Dementia and was receiving daily care visits. She was very isolated and lonely and had a history of caring for animals. The Robot cat was introduced with success. The lady immediately started communicating with and nurturing the cat and gave it a name. Over time, carers reported that levels of agitation decreased, communication with carers, taking medication and eating also improved. When the time came for the lady to move to a care home, the Robot cat proved a source of continuity, comfort and reassurance and supported the transition from home to care home. The Robot cat has been a tool to support person centred care and enabled the lady to participate in purposeful occupation in her life.”</i></p> <p>Some feedback from professionals about the use of Technology Enabled Care in the community:</p> <p><i>“I have gotten fantastic feedback from clients/family using the equipment. The potential cost savings from families being able to maintain their loved one at home without the need for a care package is huge.” - Health Board Occupational Therapist talking about the Canary Home Monitoring System</i></p> <p><i>“My gran remained at home without a care package right up until she was hospitalised over a 5-month period, and, unfortunately then required 24-hour care in a nursing home. As a family we strongly feel that the Canary was the main reason we kept her at home for so long.” – Granddaughter</i></p> <p>Please see Appendices 5 and 6.</p>

		<p>Early help and prevention at home -</p> <p>In July 2021, the Powys County Council Cabinet approved the business case to transform prevention services across Powys by bringing together several overlapping and compatible workstreams and key stakeholders to deliver on the strategic objective to roll-out and mainstream early help and prevention at home from three to all thirteen localities in Powys.</p> <p>The inaugural Early Help and Prevention @ Home Steering Group was held in March 2022 with an ongoing six weekly meeting set up thereafter. The aim is to build on the evidence base and learning from the Home Support Three-year Review to steer, support and govern the transformation of prevention services in Powys.</p> <p><i>Home Support</i> is an early help and prevention service for citizens (50+) that enables and provides the support and practical assistance an individual may need in their day-to-day life to live at home with confidence, in good health, independently and safely.</p> <p>For more information - https://en.powys.gov.uk/Early-help-and-prevention--home</p>
E2	<p>In the absence of normal day services, to find ways to support individuals to maintain and develop social connections</p>	<p>Due to the ongoing pandemic, staffing capacity and Welsh Government guidance, Powys made the difficult decision to maintain closure of the day care facilities and services until August 2022. Adult Services reviews this position monthly and have supported individuals on an outreach basis to provide respite and alleviate loneliness.</p> <p>When the Ystradgynlais Day Centre closed, our commissioned carers service, had a desire to build on the energy and commitment of the Ystradgynlais Carers group to meet the need for more locally available support and activities for both people who are caring and receiving care. A team comprising of members from the Ystradgynlais Carer’s Group, the local Community Connector along with support from the Local Authority including the Day Centre Managers and Social Care Delivery was established with the aim of working across sectors to bring about change in the community. The group explored and made progress on various activities, including a community garden, a local information resource and a listening campaign to hear what matters to the people of Ystradgynlais. However, the biggest success was the Thursday Club, a democratic space for carers and others in the community to come together. The group works hard to make itself accessible and members range between the ages of 18 to 88. It is inclusive with a range of activities, including a regular group walk. The Thursday Club members tell us that it is run by ‘people power’ and provides lots that the day centre didn’t; it is more accessible because there is no threshold for attending and it is a space for friendship, connection and conversation around local and national strategy. Whilst the group are keen to not lose what has been developed, they were keen to highlight that this space cannot and should not be a replacement for the day centre where trained staff are meet specific support needs and carers have a break from their caring roles. The pandemic has however enabled them to begin to explore the intersection of formal and informal care, the group has been thoughtful about the intention of Thursday Club, including who is involved, how they model distributed leadership and making sure they’re do not undermine the day centre. Those involved hope that the Thursday Club can be modelled across Wales as an easy access alternative to day centres; freeing up day</p>

		centres provision for those with greater needs or for a hybrid model to be developed which sits alongside the day centre as a boost to local wellbeing
E3	To develop welfare/wellbeing calls for people at home awaiting care provision	As noted elsewhere in the report this has worked well with calls being well received by those who accept them. The Community Connectors told us that many individuals look forward to their weekly calls and were disappointed at these stopping when a package of care was sourced. The Community Connectors as part of the closure process have undertaken exit calls and ensured that their contact details are provided for future advice and support.
E4	To review respite and home-based respite options to support unpaid carers to maintain their relationships both with the cared for and with their wider networks and communities	Creative use of respite monies to support carers achieve what matters to them, as reported in the main Director’s report. 124 Carers made use of the provision and reported that they feel supported to continue in their caring role and are receiving appropriate services and support. Examples of respite included a sauna/pool session, 121 and online groups. 30 carers reported that this project avoided breakdown and crisis intervention.

What Do we plan to do in 2022-23	
Adult Services	Commence expansion of the early help and support at home service from 3 to 13 localities in collaboration with local services and communities
Adult Services	Re-commission the Community Equipment Service in collaboration with Powys Teaching Health Board
Adult Services	Carers – continue the conversations in relation to partnership working between providers and the Council; explore the intersection of formal and informal care and expand the ethos to other areas of the county, e.g., Llandrindod Wells and Welshpool.
Children’s Services	Continue and expand the work of the Intervention and Prevention Service working with families to allow them to stay together safely.

6. Quality Standard 6 - Working with and supporting people to achieve greater economic well-being, have a social life and live-in suitable accommodation that meets their needs

Goal Ref	What we said we would do	How far did we succeed and what difference did we make
F1	Continue to progress with our closer to home programme, which will see more people with disabilities moving out of County and back into Powys, to	We have received positive feedback from residents following the opening of the new technology supported housing development in the North of the county. This accommodation has not only enabled people to return to their community of choice, but has prevented individuals from having to leave the county too. Residents told us: “This is the best thing I've ever done. I wish I moved years ago”; “Having my own place is lovely and I can’t wait to be able to share

	<p>help them live the lives they want. The programme is not only a significant investment but also a fantastic example of partnership working with builders, housing associations, support providers and of course people who draw on care and support. The work aligns with our vision in Powys of supporting people to live the best life they can, and by focussing on what matters, working alongside people to help them find the right solutions for themselves</p>	<p>it with my childhood friend”; “Playing games, having a kick about, good food, I like having my own house. I can invite mum round and cook for her”</p> <p>We have received similar positive feedback from residents who have moved into their new accommodation in the South of the county and shared photographs with us demonstrating their cooking skills.</p> <p>A resident told us about their journey to independence and the outcomes they have achieved: “I have moved into my own accommodation in Brecon with support from my new support provider. I made a slow transition between my old and new support provider which helped keep me calm. I have been settling in nicely and getting used to living in a new environment, adjusting to my surroundings. I feel confident with living in my new home, based within a quiet location close to town. Although sometimes I miss my old provider and living with others, I am getting used to living independently and feel comfortable and secure. I have put up lots of my unique paintings on the wall, this helps to brighten up the atmosphere and makes it look even more welcoming. Since moving forward I have developed further, increasing my level of independence and learning to drive. I am enjoying the company of living by my school friends and enjoy being part of a small group of young people who are of a similar ability to myself. Altogether this move to independence has been a positive step to take which has helped me overcome my fears of becoming lonely and isolated. This is because I realise that there is always someone nearby.”</p> <p>Our teams are working collaboratively with Wales and West Housing to develop supported accommodation in the Newtown area which meets the needs of individuals within the community. The work on this development project has only just commenced and will take approximately 2½ years to complete.</p> <p>We have in place an Accommodation Steering Group which will support and progress future accommodation options. The group will continue to develop our accommodation plan which supports us in understanding the type of accommodation required in the short, medium and longer term. The plan will evolve over time to make sure it remains fit for purpose and informs the Property Development Plan.</p> <p>We have continued to support supported living providers during business continuity to keep individuals in their care safe and well, including the provision of staff to ensure duties can be covered at a safe level.</p>
F2	<p>Continue to work alongside Health and Third Sector colleagues to embed Powys hospital to home pathways through the embedding of a hospital</p>	<p>Throughout the year, alongside our colleagues in Powys Teaching Health Board, we have continued to face challenges in relation to timely and safe transfer out of hospital for patients where there is a new or continuing support need. The ongoing pandemic has had a major impact on us being able to source timely domiciliary care or care home placements; the main reason for this has been due to staffing capacity across the care sector.</p>

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	<p>assessment and D2RA team which will be part of a wider integrated discharge planning process.</p>	<p>We established a dedicated hospital discharge team in April 2021. This consists of a team manager, 3 social workers, a Reviewing Community Officer and a project development officer. Their remit is cross border hospitals (Powys/Herefordshire/Shropshire) and to ensure that all those placed in hospital outside Powys are discharged either to their own home or a suitable step-down facility in a timely manner.</p> <p>We have also worked in collaboration with Powys Teaching Health Board to develop a joint process for individuals who are being discharged into a step-down facility where a Decision Support Tool meeting is required to determine the level of nursing care needs.</p> <p>A protocol was developed with Powys Teaching Health Board utilising Welsh Government money. This allowed us to transfer patients waiting an assessment to a step-down facility while we arranged an assessment giving the patient time for recovery. The funding for this ended in March 2022. We are now in discussion to develop this work further and will be presenting a proposal with several options to senior managers.</p>
<p>F3</p>	<p>To develop, in conjunction with the third sector, wellbeing calls for individuals who have no support and are waiting for care provision</p>	<p>Please see under C1 above</p>
<p>F4</p>	<p>To continue to develop the older persons’ accommodation options</p>	<p>Please refer to the section in the main Director’s Report. Powys can currently offer 61 units for older people in Llys Glan Yr Afon in Newtown. These are designed for people who can mostly live independently but have access to e.g., Domiciliary care where necessary. We are developing further schemes in Welshpool and Ystradgynlais (due to open in 2023) and plans have been agreed for a further scheme in Brecon. Other options include living at home with e.g., Technology Enabled Care and our Shared Lives schemes (please see relevant sections in this document and the main Director’s Report.</p>
<p>F4</p>		<p>The Regional Partnership Board continued to support citizens and carers to get involved with the work of the partnership. The Board’s citizen and carer representatives are equal members of the RPB, and their involvement not only informed and shaped decisions, but continues to provide a better way to identify and tackle ‘what matters’ to people. A wide range of user and provider groups have also been involved in the work of the Board, through commenting on proposed work, helping to recruit key roles, and informing various processes and procedures.</p>

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F5	We will continue the recruitment drive for foster carers and supported lodgings hosts	<p>The recruitment drive for foster carers and supported lodging hosts continued in 2021-22. We were part of the Foster Wales campaign which produced several national television adverts and social media campaigns. All enquiries because of the campaign for Powys were directed to our Fostering Team. The service received 92 enquiries, with 33 coming from the Foster Wales website. Due to identified demand we launched a campaign for emergency care for established foster carers and supported lodgings hosts alongside a coordinated media appeal for emergency carers. This narrowly targeted appeal brought the second highest proportion of enquiries forward and demonstrated the value of clearly targeted campaigns for specific needs.</p> <p>As part of Foster Care fortnight, we took part in a 'light up your window' to celebrate and thank our amazing foster carers.</p>
F6	We will improve the support provided to our foster carers	<p>A project was set up to run activities for children who foster. Fostering involves the whole family and children of foster carers play a vital role in welcoming fostered children into their home. We provided several opportunities to attend activities to suit different age ranges. The project promoted wellbeing, support and gave the children opportunities to meet other children who foster.</p> <p>Alongside the events we provide pre-approval training and support to children who foster and offer continued support and training to those children and young people after the assessment stage.</p> <p>Funding was sourced to be able to offer our foster families leisure pass that could be used at all the Freedom Leisure Centres in Powys.</p> <p>The Foster Carers charter was ratified and approved.</p> <p>Our In-house psychologist expanded their support and services to all our Foster Carers.</p>
F7	We will increase the number of supported lodgings hosts	<p>We have used (social) media advertising both across the county and locality specific throughout the year, we also advertised through our jobs website. Of the thirteen campaigns 30 subsequent enquiries were made to the service. We recruited four new hosts with an additional hosts moving from one section to another.</p>
F8	We will open further Powys Residential Children's Homes.	<p>The first stage of this plan was completed during the year, we developed a small, community-based home in the South of the county for up to two young people. We submitted our application to CIW in November 2021. Following the registration process, we received the notice of decision for Glyn Mawr to become operational on 14th February 2022.</p>
F9	Continue to work with health colleagues to develop safer accommodation for children and young people with the most complex needs	<p>We have successfully developed the model of care with partners including our Health colleagues. A property has been purchased in the North of Powys and renovation has been started to ensure it meets all the requirements for children with complex needs.</p> <p>A project plan is in place and the project group will continue to meet monthly to keep the project on track.</p>

What Do we plan to do in 2022-23	
Adult Services	Continue working with partners to open two new Extra Care Schemes in Welshpool and Ystradgynlais. Further develop the planning process for an Extra Care scheme in Brecon.
Adult Services	Through the Closer to Home project continue to understand future accommodation needs for adults and work with partners to ensure current and new development are fit for purpose and meeting population needs.
Children’s Services	Develop further residential homes in house and in Powys
	Develop further our Supported Lodgings Service
	Continue the recruitment drive for Foster Carers

7. How We Do What We Do

- Our Workforce and How We Support their Professional Roles

Our social care workforce is truly our greatest asset and they have gone above and beyond throughout the pandemic and continue to do so. Staff wellbeing is paramount, and we have continued to promote our employee assistance programme, attendance at various wellbeing sessions, taking of regular breaks and annual leave to enable everyone to re-charge. We will continue to support the wellbeing of our staff whilst recognising the needs of the residents who receive services from us.

In Adult Services we continue to work in a strengths-based way which means when individuals approach us for support, we focus on their strengths and not on deficits; these strengths include personal, social (family/friends) and community networks. We seek to understand “what matters” to individuals and look at the best way of supporting them to achieve their desired outcomes. This is undertaken in a holistic way without automatically seeking traditional services to reach.

Our strengths-based approach training is mandatory and throughout the year we have delivered X training sessions virtually. We are taking a train the trainer approach so that we can develop internal capacity to have more flexibility on when training is delivered; to date we have trained 1 member of staff and whilst we would like to train more staff the demand coming through our front door is impacting on capacity. We continue to have a pool of mentors who support colleagues in their understanding of the strengths-based approach and share good practice across teams and attend the All-Wales Mentor Group to share and support learning.

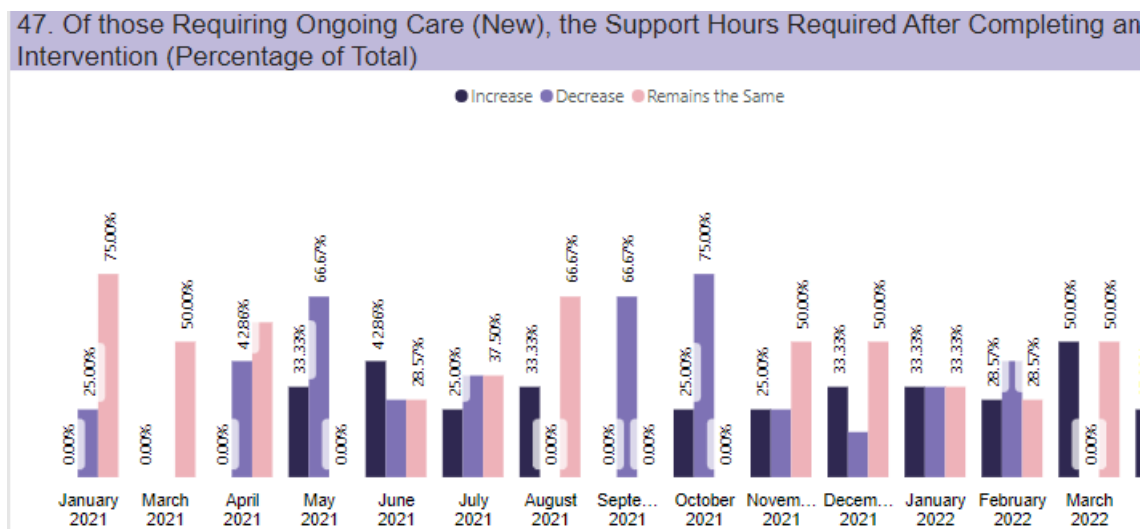
We have a comprehensive training programme which is commissioned annually; this programme supports continuing professional development of our social services staff and the wider social care workforce. We also have a degree in social work and occupational therapy sponsorship programme which supports the “grow our own” ethos. Social care and Health have undertaken a joint initiative to develop the Kickstart apprenticeship scheme in Powys. The scheme has delivered a total of 20 placements to citizens of Powys seeking to gain employment / work skills in the sector. These placements also include wider roles which support Health and Social care provision such as business

administration, maintenance and catering. A total of 7 apprentices have now completed the programme. The recruitment phase has now ended and the programme evaluation is due to commence in June 2022.

- What we have achieved

As highlighted elsewhere in the main report, we have continued to support our *Grow Our Own* ethos and have continued our succession planning with enabling our student social workers to undertake their work-based placements with the aim of qualification and moving into permanent social worker roles.

Our in-house provider services, e.g., domiciliary care and reablement workforce, despite multiple vacancies and high sickness levels, have been incredible in their flexibility of working additional hours to make sure that vulnerable residents in receipt of a package of care receive their daily visits.



We have developed in collaboration with our Adult Services teams a new comprehensive induction programme so that all new staff have the right information and tools to support them in their new roles from the outset.

Across Adult and Children’s Services we have continued to build on the employee representative forum enabling continuous feedback and learning across social services and I, along with Heads of Service, meet with the representatives quarterly. I have also encouraged staff to link with me direct so that our leadership team can learn from them direct what they think we can do differently; what we can stop doing and what we can do to support them in continuing to meet our statutory duties. What outcomes / impact have employee rep groups had?

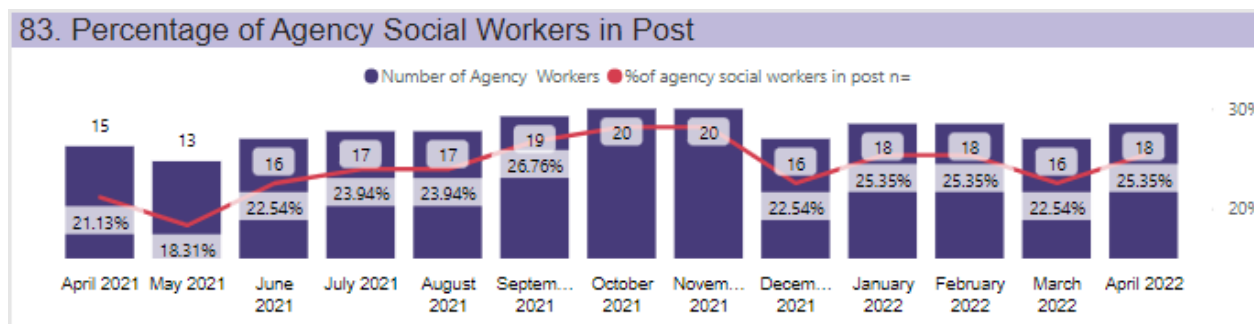
We continue to have in place a strong leadership team providing direction and support to teams.

Some team members have received some awards and nominations which are to be celebrated:

- Our *Home Support* Manager received a High Sheriff of Powys award in recognition of her great and valuable services to the community.
- A member of Adult Social Care staff was recognised in the Queen’s Birthday Honours List and was awarded a Medal of the Order of the British Empire (BEM) in recognition of her work with adults with learning difficulties. The full story can be read via the following link <https://en.powys.gov.uk/article/11253/Royal-recognition-for-Violet>
- The *Closer to Home* programme which supports people with disabilities to live well independently in a home of their choice was nominated for a Local Government Chronicle award in the Health and Social Care category and reached the final stages. As part of the process, officers involved in the project attended the final stage presentation to provide insight into the project including the vision and impact it has had.
- A member of our *Shared Lives* Team has been nominated for the Everyday Hero Award for pandemic response at the 2021 Shared Lives Plus Awards. “Shared Lives workers like you help transform the lives of over 14,000 people across the UK. I know it is your effort, compassion and joy that makes the difference in some many unseen and life changing ways. Thank you from all of us for everything you do.”

- Securing a stable, knowledgeable and skilled Workforce

In Adult Services we have seen an increase in our levels of sickness across all teams, sometimes with varying degrees of Covid symptoms, and staff not able to undertake their roles due to the restrictions placed on them by Covid-19, all of which has a direct impact on other team members. Whilst there has been some workforce stability, as with any service there have been leavers and new starters in the year. The number of agency workers we have in post in our operational teams have remained static.



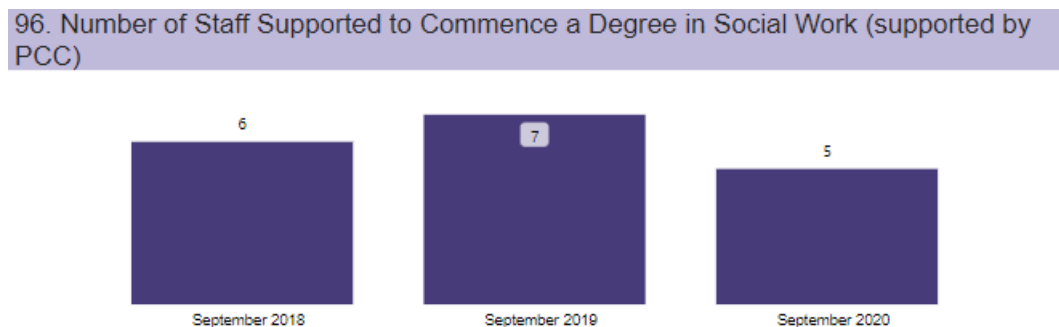
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We continue to experience recruitment difficulties in some areas of the county and to specific posts, e.g., approved mental health professionals and domiciliary care carers. We have updated our recruitment website to make it more attractive and informative for prospective candidates; promoted working within Adult Social Care through social media, local radio, face to face attendance at careers fairs, careers events in schools, the job centre and various other events.

With an ageing workforce and staff who have been in roles for many years, we are aware that we need to review how we undertake succession planning at all levels within Adult Services to ensure a stable and sustainable workforce.

In consideration of the wider social care workforce and sustainability of our external providers, we have continued to support them in their recruitment campaigns by advertising on the council’s job vacancy page and promotion of roles via social media.

As mentioned in the main report, we have invested and worked with colleagues in the Health Board and others to develop and implement our Health and Care Academy. We have encouraged and enabled a considerable number of staff to undertake sponsored training in e.g., managerial skills and qualifications and social work qualifications.



In September 2021 the Children’s Leadership Team devised a staff survey to ask the workforce about what attracted them to work for Powys, why they stayed and what they would like to change. The survey also asked for ideas for recruiting and the results were fed back to the service at a Staff Roadshow as well as progress on the suggestions.

The service requested the support of corporate colleagues to put renewed efforts into the recruitment of permanent social workers and a project group was set up. The Corporate recruitment website was improved, the Social Services page updated and new social media posts created with targeted advertising. Internal job vacancy bulletins were created and emailed around Children’s and Adults Services staff to encourage everyone to share on their social media or by word of mouth.

The service also attended the COMPASS recruitment event in Birmingham in March 2021, this was originally planned for 2020 but was cancelled due to the COVID-19 pandemic. Plans are in place to attend a further COMPASS recruitment event in Manchester in 2022.

The service recognised that further investment in the *Grow Our Own* Social Work scheme will ensure we have the qualified workforce we need.

In 2021-2022 a further twelve students were seconded onto the Social Work Degree with the Open University. Eight of these were from Children's Services. Children's Services also created two Masters Degree trainee posts and recruited two students into these posts. These students commenced their Masters in Social Work with Cardiff University in September 2021. Social Services has 26 current Social Work Degree Students, 17 are from Children's Services. Qualifying projections for Children's Services staff are:

Autumn 2022 – 5

Summer 2023 – 2

Autumn 2023 – 8

Autumn 2024 – 2 (this will increase)

Work has commenced to recruit a further 12 staff onto the Social Work Degree in 2022-2023, many recruits will have direct entry into Year 2 of their studies and will qualify in Autumn 2024.

The Corporate Centre sent out a Wellbeing questionnaire to the whole council, and Children's Services had the highest response rate, and the results were extremely positive and are as follows:

- **Questions about home working:**

- 91% receive the right amount of communication from their manager
- 90% have a manager/supervisor who is regularly checking that they are ok (e.g., once a week)
- 94% say that the communication about COVID-19 has been clear and timely

- **Questions to Front Line Workers:**

- 98% feel that they have good colleagues who are supportive
- 92% have a manager/supervisor who is regularly checking that they are ok (e.g., once a week)

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- 94% are feeling good about being a frontline employee providing support to more vulnerable residents or delivering key services like recycling, support in the hubs, care to those in need
- 90% receive the right amount of communication from their manager
- 93% say that the communication about COVID-19 has been clear and timely

During the year, the service received a Care Inspectorate Wales performance evaluation inspection. The findings of the inspection were positive with areas of strength being seen in leadership and management. Some of the key findings were:

The local authority's investment in the professional development of its workforce, particularly in introducing a systemic model of practice in children's services, shared with partners, is delivering positive results for children and families, and delivering shared understanding of practice between agencies and families.

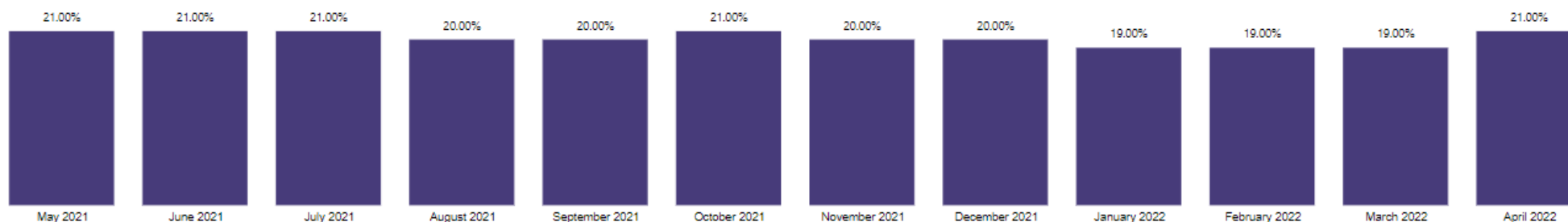
The restructure of children's services to include early help, intervention, and preventative services along with a Signs of Safety approach is enabling social workers and support staff to maintain a strength-based focus when engaging with young people and families.

Senior officers have a high level of skills and professional knowledge with a robust understanding of relevant legislation, social care professional practice and workflow management. By developing shared responsibility, oversight of service delivery and a clear sense of direction, it has created an environment in which social work can flourish.

In preparation for our increased number of Newly Qualified Social Workers (NQSW's) the practice development team have worked with current and recent NQSW's to introduce new Practice Guidance which will enhance the support structure available upon qualification.

We continued to encourage and enable our staff to become cognisant of and fluent in the Welsh language (Active Offer).

98. Welsh Active Offer - Number of Welsh Speaking Clients Allocated to Welsh Speaking Workers



- **Managing our information flow**

In 2021/2022 the Social Care Management Information System (WCCIS - Care Director) had several performance issues. These occurred in the first four months of the year and after a new platform (CRM 2016) upgrade in October. The period following the October (w/c 11th) upgrade was particularly difficult with a time where only business critical access to the system was allowed. The suppliers worked with the national WCCIS team and local organisations as well as Microsoft to resolve these issues in the system. Most of the issues were resolved through some emergency fixes and then an upgrade on February 28th, 2022, the system has been stable, since then with only a couple of days of performance issues. The next few upgrades in 2022/2023 should further improve performance of the system.

MONTH	APRIL	MAY	JUNE	JULY	AUGUST	SEPTEMBER	OCTOBER	NOVEMBER	DECEMBER	JANUARY	FEBRUARY	MARCH
DAYS WHERE THERE WAS A TIME WITH A SYSTEM PERFORMANCE ISSUE OR OUTAGE	9	9	5	10	1	0	8	4	5	13	1	0

APPENDICES

Appendix	Title	Regarding Quality Standard	Goal Reference	On Page
1	Occupational Therapy Case Study – Good News Story.	1	A5 Adults	p4
2	Occupational Therapy Case Study – Joint Working with Positive Outcomes.	1	A5 Adults	p4
3	Case Study Showing Strength Based Outcomes.	2	B4	p9
4	Case Study showing Carer's Story.	2	B5	p15
5	Robt Cat Case Study.	5	E1	p24
6	Residents Feedback about Canary Care System.	5	E1	p24

Appendix 1 - Occupational Therapy Case Study – Good News Story.

Mr R was admitted to hospital just before the start of the Covid-19 pandemic, with exacerbation of leg pain.

During the early phase of the pandemic in the spring of 2020, along with several other older hospital patients, Mr R was sent to a local EMI nursing home in order to empty out the hospital ward for potential covid patients. A mental capacity assessment carried out by the hospital deemed Mr R not to have the capacity to make decisions about his future place of care, and that it would be too risky for him to return home; this decision was to be reviewed after six weeks.

Mr R's social worker and occupational therapist worked closely together to re-assess Mr R's mental capacity, moving and handling, housing, and care and support needs for a possible return home, which Mr R repeatedly and strongly voiced a wish to do. The new mental capacity assessment deemed Mr R an to have the capacity to make a decision to return home, and practical plans were put into place for this to happen. It was acknowledged by all professionals involved and by Mr R's niece that there would be an element of risk involved, but Mr R's right to make potentially risky choices was upheld by everyone involved at that time.

A domiciliary care package was arranged involving full hoisting with a gantry hoist. As it was not known how successful Mr R's return home would be, basic adaptations only were arranged by the occupational therapist (ramped access and a level access shower); with close working with the adaptations service, this was fast tracked for completion prior to Mr R being discharged home.

It was initially assessed that the care package could safely be single staffed, this was in time changed to double staffing, due to some behavioural issues displayed by Mr R, as well as issues with several changes of providers, not all of which were competent or confident with providing single handed care involving hoisting.

Once home, Mr R became much more motivated than when he was assessed in the care home, where he had spent all his time in his bedroom and was very much a passive recipient of basic care. Mr R was attempting to prepare food and drink in his kitchen independently from his wheelchair, and as this was quite risky and very difficult for him from his wheelchair, the occupational therapist arranged further adaptations to make his kitchen wheelchair accessible. Mr R's social worker, OT, and the housing adaptations service worked closely together, and a very brief stay in a care home was arranged while the adaptations were carried out. With the kitchen adaptations, Mr R is now able to make himself drinks and simple meals independently and safely, and he likes spending most of his time in the kitchen.

Since his initial return home from the EMI nursing home, Mr R has had two more hospital admissions, and during one of them he contracted Covid-19. He did however on both occasions make a good recovery and returned back home.

During the Spring of 2021, Mr R became both increasingly motivated to do more of the things he used to enjoy, such as going out to the village shop, along the canal, and working in his garden; and frustrated as he was not able to get into his garden, and he was having difficulties managing the ramp at his front entrance, and the way to and from the shop, with his manual self-propelling wheelchair. The occupational therapist referred him to the NHS wheelchair service for him to have an assessment for an electric wheelchair and made further adaptations recommendations for wheelchair access into the garden, and improvements and redesign of the ramp at the front to make it safer and more manageable.

In July 2021, Mr R was assessed by the wheelchair service, and deemed to be able to safely use a powered wheelchair. As a result of the covid pandemic, the wheelchair service have changed their way of working, carrying out their assessment, environmental, and practical driving assessment all in one community visit, with has greatly reduced waiting times from what used to be 12 to 18 months.

A few further small adaptations will be needed to facilitate use of the power chair, but at the time of writing, Mr R is no longer feeling trapped inside his home, has ordered some plants and pots for his garden, and is very much looking forward to being able to once more spend time working in his garden, and going out and about in the village, and being able to do this while there are still some summer months left.

Appendix 2 – Occupational Therapy Case Study – Joint Working with Positive Outcome.

A young couple in their early twenties, with two young children, were previously known to the occupational therapy service, as they lived in a very small privately rented flat which was unsafe and unsuitable for them due to his health issues and her needs as his carer.

Housing had recently referred for a further occupational therapy housing needs assessment, as the council house they had since been living in had proved to be unsuitable, due to both their complex physical and mental health issues, and due to a need to be closer to family support which is in another village.

Whilst being on the occupational therapy waiting list awaiting allocation, the young woman's CPN also approached Housing with supporting evidence for a priority need for them to move.

A housing officer identified that a council house was becoming vacant in the village in question, and realising that this was a rare opportunity, he contacted the occupational therapist to ask for the assessment to be fast tracked.

The occupational therapist, CPN and housing officer worked closely together to expedite their assessments and make the case for this family to be given priority for this property, which during two visits was confirmed to be ideally suited to meeting their needs, without the need for any adaptations.

This is a good example of joint working across agencies, and of a key person, in this case the housing officer, identifying a unique opportunity and priority need, for which it was appropriate to fast track normal procedures.

The result is a really good outcome, whereby a young family with two vulnerable adults will have the opportunity to live in a suitable, stable family home within a village community which is suited to their needs, and with close by family support. This will give both the parents and the children much improved opportunities for better health, well-being and development.

Appendix 3 – Case Study showing Strengths Based Outcomes.

Mr A was previously supported via a supported tenancy and had a new home purchased for him by his parents. Through the skills he developed in residential college and then a supported tenancy, Mr A has now been able to move into his own home in the community. Mr A has a recently reduced the value of his direct payment which he needs to support him. Positively for Mr A, the direct support he previously received/needed through learned skills has reduced since moving into his new home in the community of his choice. Mr A also seeks support via his community.

Appendix 4 – Case Study showing a Carer's Story.

The following case study provides insight into a carer's experience and the impact of that experience.

Background info

Y is a carer for her husband X who suffers with dementia. She is 72 and the couple have been married 50 years. X needs a high level of care and supervision. Y provides all his care during the day and night. She is at high risk of carers breakdown as a result as well as her health deteriorating as she is unable to exercise as much as she needs to due to her caring role.

Following a what matters conversation and establishing what is important to Y and what personal outcomes she wanted to achieve, funding via a direct payment was provided for home-based respite. It was important to Y that she could continue to care for her husband." I love him dearly, why wouldn't I, X is my number 1 priority if he is happy, I am happy".

Strengths Identified during Carers Assessment

Y is extremely positive and stated that she is grateful she has such a "charmed life" with her husband.

Loving relationship with her husband. Y is happy to continue to support her husband but is also realistic in that this may not always be possible.

Y is very self-aware and acknowledges that her daily walks are important to ensure her mental and emotional wellbeing is maintained.

Y and X have a network of friends in the local area who will support if needed; Y has a friend who X knows who is happy to become a PA. X is supported and reviewed by the memory service.

Risks Identified during Carers Assessment

Risks of health deteriorating.

Risk of Carer Breakdown without support.

Risk of being unable to continue to care for her husband as his condition progresses." I can't promise him I will always be able to look after him - but I will certainly try to" X's biggest fear is to be in a Nursing Home.

COVID restrictions. Continued impact on accessing the community and involvement in local groups such as music group which they both enjoyed before the restrictions.

Y's personal Outcome

"I want to continue to care for X but to be able to go for longer walks with my friends without worrying about X, this would enable me to improve my physical and emotional and mental health".

Options Explored

Y has no family in the area and X has little contact from his children. He does have a stepdaughter who he is in regular contact with but lives a distance away, so is unable to support.

Y has a good network of friends who would provide support in an emergency but are unable to provide the support she requires on a weekly basis.

Third Sector support has been considered but currently they are unable to provide befrienders due to Covid and would not be able to provide the length of time required.

Contingency Plans

In an emergency friends can be contacted to support however this would only be a stop gap. If Y became ill and unable to manage ADL for herself and her husband, then Y would consider Domiciliary care. If Y were taken to hospital X would not be safe to remain at home alone and a placement or 24-hour POC would be required.

Where are we now/Impact of support

"Having R sit with X has made a huge difference to me. She is wonderful. It's like she's been sent from heaven, I'm just so grateful".

"It's really made a difference to how I feel. I would always have to rush back if I went out but now, I can relax. I have peace of mind when I meet my friends as I know R will stay with X until I come back."

"I'm very content". Having R sit with S has worked better than I ever thought. "I'm so grateful"

"It's given me complete peace of mind"

"It's made such a difference"

"Not having to rush back and not being anxious every time I go out is just wonderful"

"The home based respite service has worked far better than I had ever imagined it has given me peace of mind and allows me to relax when I'm out".

The current service provision is assisting Y achieve her personal outcomes.

Appendix 5 - Robot Cat Case Study

Background

Mrs. P is a 92-year-old widow who lives alone in a bungalow set in a rural location in North Powys. Mrs P has a diagnosis of Alzheimer's Dementia; she has always been a very sociable person and prior to Covid-19 she attended local clubs on a Monday and Wednesday.

The C-19 restrictions have had a dreadful effect on Mrs P, she really misses the social interaction, and she feels that the days are long and lonely at home.

Mrs P has a carer visiting her twice a day to support and check on her, and she is also supported by a neighbour who pops around every day to have a chat and to bring food.

Mrs P was issued with a Robot Cat on the 31st of March as part of a pilot project.

OT delivered the cat to Mrs P and arranged this to coincide with a care call, OT introduced the cat to Mrs P and her carer, and Mrs P was immediately taken with the robot, she was smiling and full of joy! She took the cat and sat down with it and started grooming 'him', I introduced the robot as her new cat and she was thrilled, she said that she was going to call him Jack and she said that she would look after him, she was initially worried that she didn't have any cat food for him, but the carer put her mind at rest.

Outcome

Since the 31st of March I have been in contact with the care agency on 3 occasions to monitor the impact of the robot cat. The feedback has been overwhelmingly positive, they report that her communication with them has increased, she seems happier and that it provides a good talking point when the carers call, Mrs P enjoys grooming Jack and tends to carry him around with her for company.

The care provider, report that Mrs P's anxiety has reduced, along with other benefits that perhaps we didn't expect e.g. her eating and drinking has improved, she is taking her medication more regularly and her memory seems to have also improved

I feel that the robots are a useful tool, especially for those clients with dementia who are living alone. I feel that the main prescribers will be those people who primarily work with clients with dementia such as OTs in the Older people's mental health team or by the Dementia home treatment team. The option of trusted assessors from the third sector could also be explored.

Appendix 6 – Resident's Feedback about Canary Care System.

"We have been so grateful to have the Canary Care system installed and only have positive things to say about it. The system was installed at our parents' home in the summer of 2019 when our mother was in hospital, and it was looking like our father would be living alone in the house. In the end this never happened as mum came home after about five weeks, with carers coming in for Dad. Dad passed away in January 2020, the carer visits stopped, and mum has been living on her own since then. Obviously, we had lockdown in the mix and sadly she had several months without visitors, although her health was quite good then. It was always reassuring – if on occasion we didn't hear back from texts etc – to check Canary remotely and make sure mum was up and about.

In August 2021 mum's health deteriorated significantly (although I'm happy to say she is doing better again now) as she succumbed to several serious UTIs – one of which saw her admitted to hospital for a week or so as it was initially thought to have been a stroke. Between August and December last year we were really worried about Mum as her brain (memory and cognitive ability) was seriously affected by the infections and she was getting very confused about everyday things and not sleeping in her bed, which is something she needs to do to elevate her legs due to weak circulation.

During this time the Canary Care system was an absolute lifeline and crucial to us and we were checking it several times each day:

- We were able to check where mum was; whether she had got up in the night to visit the bathroom, and that she had returned safely to her bedroom (or her chair in the living room, which is where she was sometimes spending the night),*

- *Mum is losing her sight through macular degeneration and texting is getting harder for her - Canary enables us to check up on her without constantly texting.*
- *On one occasion in October, I checked Canary and saw that even at noon Mum was still in her bedroom. I couldn't reach her by phone or text so ended up calling a neighbour to check up on things. Mum was in a state of confusion and had sat on the edge of her bed all night – the beginning of another UTI. Of course, Canary couldn't tell me this, but it did alert me to the fact that things weren't right and ensured I accessed help when it was crucial.*
- *We were able to see if Mum had been in the kitchen and therefore whether she was eating and drinking.*
- *We were able to see how long Mum had spent in the bathroom and the system made us realise Mum was no longer showering etc;*
- *The information above enabled us, along with the social worker, to build a case for Mum needing carers urgently, as we could see that she wasn't spending long enough in the kitchen to be taking care of herself, for example.*

As I said, happily Mum is now doing much better and we are no longer constantly checking the system, however we would now hate to be without this facility. I live 220 miles (4-6 hours) away and "A" is only slightly closer, so it is hugely reassuring for us. Mum seems prone to UTIs which very quickly descend into weird confusion where she doesn't know how to do anything, and the Canary Care system gives us more of a chance of spotting things from afar. Mum does now have carers in twice a day, so obviously that gives reassurance, but the carers come late morning and then again late afternoon, so it's good to be able to confirm that Mum is up and about in the mornings and also is safely in her bedroom of a night-time

Thanks again for all your support".